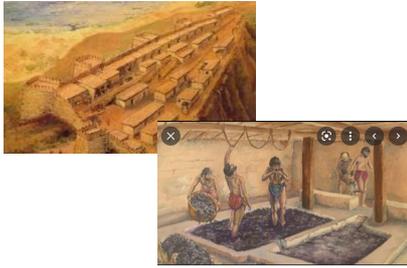


# The Rambling Walkers

A friendly & informal group of motivated walkers.

Newsletter  
April 2022  
Part 1



**Benimáquina, Jesus Pobre**

**THURSDAY 14th April 2022**  
**9.45 for 10.00**

**Led by: -John Beavis & Pete Steenhuis**  
**Alt led by: - Bruno +1**

Members are expected to provide themselves with suitable walking boots, sticks and clothing including sunhats and plenty of water or sugary drinks to avoid dehydration.

**How to get there**

**GPS Ref:- Degrees** 38°47'53.43"N 0°4'58.44"E  
**Decimal** 38.798175, 0.082901  
**What 3 Words** crowbars.sadly.richly

From the N332 take the CV734 to Javea. At the first roundabout turn left on to the CV738 to Jesus Pobre. As you enter the village turn left just before the Farmacia then at a small roundabout bear right. At the end of this road, with restaurant Casa Rosita on your left, turn left on to Carrer Major. After about 200m turn left and after 100m, at the cross road, there is parking on some rough ground opposite or turn left and park on the side of the road.

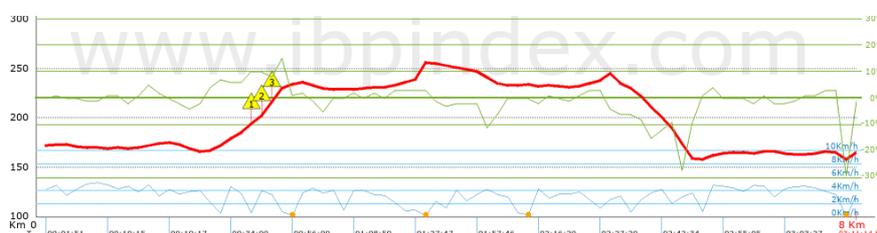
**Main Walk led by John & Pete**

This is a **8.5km** walk with an **elevation gain of 190m** and will take the group **3h 15mins** to complete. **The IBP is 29**

We head out of the village on quiet campo roads before crossing a main road. From here we have a steady climb up to Coll de Pous on single file stony mountain paths - sturdy walking boots and walking sticks are recommended. From the Coll we continue on rough forest paths until Yacimiento de L'Alt de Benimaquia comes into view. To reach the top, where we will take our banana break, we have a rocky ascent of 30m along an un-defined path. This will take about 20 mins to complete but it is well worth the effort for the fantastic 360° views.

The Iberian town of Yacimiento de L'Alt de Benimaquia is thought to be one of the earliest fortified settlements in the area and when an archeological dig was carried out in the 1980s evidence of the earliest grape pressing structures and wine fermenting vats in the Western Mediterranean area were unearthed. Even though the vegetation has grown back you can still make out the sturdy outer walls and the individual dwellings.

After our break we make our way down the far side of the hill where some helping hands may be required. We continue on single file paths until we meet up with the track we came up on and retrace our steps back to the cars.

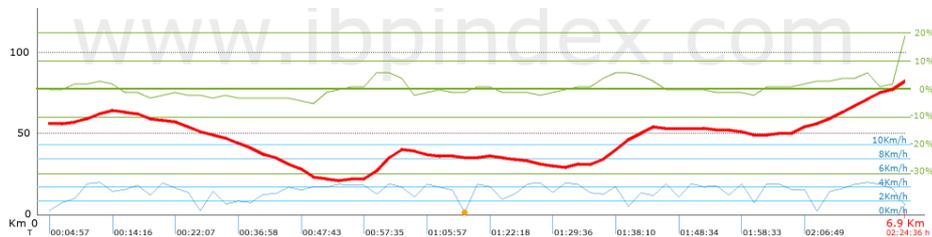


**Alt Walk**  
led by  
**Bruno &**  
**Linda**

The Alt-Walk is an easy 'Pan and Handle' walk with a short 'handle' and a large 'pan'. Total distance is about **7km** and it has a **total ascent of around 120m**. Underfoot it is mainly a mixture of wide tracks and tarmac with only a few short parts where we have 'loose stones'. **The IBP is 24.**

From the parking we start the 'handle' with a short walk through the village (so make sure you bring your facemask). Then we turn right and after a short while we turn right again (twice) into the woods. This is about 1k stretch where there will be shade, and a few places where I will need a hand, but rest assured, it does classify as a 'Bruno Walk' 😊

When we come out of the woods, we turn right, parallel to the railroad. From here, we are all 'out in the open', so make sure to bring water, sunscreen and sun-hats. A bit further along we cross the railroad and continue through the vineyards, where you will be able to discover the two type of pruning for the grapes: the traditional 'Burgundy' way (leading the grapes via some horizontal iron wires) or the more Spanish 'tulip style' pruning. From there we make our way back into the village towards 'Bar Rosita' where we can enjoy a well-deserved refreshment before we go for lunch.



**Lunch**

A group lunch has been arranged at **Pizzeria Di Fratelli La Nonna**. in Ondara

**Menu €12.00**

Pan y alioli

Starters

- Arroz del Señoret o
- Pasta 4 quesos o
- Jamón con Melon o
- Crema de brocoli

Mains

- Couscous o
- Pechuga pollo a la plancha o
- Bacalao al horno o
- Pizza de salami o
- Pizza vegetariana

Dessert AND coffee

Postre del dia



Price includes a half bottle of house wine **OR** a beer **OR** a soft drink per person.

Please contact Helen Taylor/Rosie Jackson [ramblingwalkerslunch@gmail.com](mailto:ramblingwalkerslunch@gmail.com) by **8pm on Sunday 10 April** to book a place. The Restaurant do need numbers but Lunch choices can be made on the day.

Pizzeria Di Fratelli La Nonna. Av Alacant, 94, 03760 Ondara

What 3 words     [///edible.cooperates.bending](http://edible.cooperates.bending)  
 Gps ref DMS     38° 49' 15.81" N 0° 1' 20.72" E  
                   Decimal     38.821061, 0.022423

Exit Jesus Pobre and turn right on the CV738 heading toward the roundabout on the CV734 Javea road. At the roundabout turn right. After 800m turn right on to the N332 towards Ondara. Stay on the N332 for 4km and then take the right slip road signed AP7, keep in the left lane. Pass under the bridge - still staying in the left lane, after 100m the right hand lane disappears you then take the next right towards Ondara sign posted Industrial estate. After 200m at the roundabout you will find Fratelli restaurant on the corner. You can go straight across or turn left and parking is on the street. If you turn left at the roundabout there is a gravel carpark on the right behind the restaurant.

## COVID

Please ensure you have a face mask with you at all times and wear one when you are unable to maintain a social distance of 1.5 metres. This would include signing in for the walk at the start. The Walk leaders will write names on sign in sheet to eliminate the need to pass round the pen/sheet; please check your name is added.

### By attending, walkers are accepting and agreeing to the following:-

The Rambling Walkers is an informal group ("the Group") formed by consent and co-operation of its members. It is not registered as an organisation or club and has no legal standing. The Committee and volunteer walk leaders and helpers cannot be held jointly or severally responsible or liable for any injury, loss or consequences (howsoever caused) suffered by any member or guest whilst undertaking group activities.

All members and guests agree to be responsible for their own health, safety and welfare, thereby absolving the Rambling Walkers Committee, the Group and the walk leaders from any responsibility. Attendance at a walk or other event indicates a members acceptance of these conditions.

Special coronavirus terms: As there are still unquantifiable COVID-19 health risks, each and every member agrees and accepts that they are participating in The Rambling Walkers activities fully at their own risk, and that, by attending any walk or other event organised by the Rambling Walkers, a member absolves the Rambling Walkers Committee, and the Group, from any liability, financial or otherwise, arising out of any, and all, kinds of transmittable viral illnesses including COVID-19 or coronavirus, and or death, to anyone participating, or to those who such participants may subsequently infect.

PLEASE NOTE THAT IF THE WALK IS RAINED OFF EVERYONE WILL BE NOTIFIED BY EMAIL AT 8PM ON THE EVENING PRIOR TO THE WALK OR BY 8AM ON THE DAY.

ANY LUNCH ORGANISED WILL GO AHEAD AND YOU MAY BE CHARGED FOR MEALS ORDERED IF YOU DO NOT ATTEND

## Messages from Your Committee

### Membership Subscription Fees

All Membership Subscription fees have been collected for this 2021-2022 season, resulting in a total membership of 90 Members. A reduced fee of €5 was charged for this current season, however it is expected to return to the pre-covid rate of €10 for the next season. As we are in the middle of March and the season completes at the end of May, there will be no further membership applications until the start of the next season (September AGM). Guests are of course still very welcome at the standard fee and all attendances will be recorded for potential membership application in September.

